

Loudonville-Perrysville COVID Protocols 2022-2023

COVID Update per CDC Recommendations

Exposure to COVID-19:

- Regardless of vaccination status, the District recommends wearing a high-quality mask for 10 days. (per CDC recommendations)

<https://www.cdc.gov/media/releases/2022/p0811-covid-guidance.html>

- The District will NOT conduct testing. If the District has home tests available, we will provide one for you. (Depending on supplies.)

COVID Update per CDC Recommendations

Recommendation on Isolation: Stay away from others if you are sick and suspect you have COVID-19: ****STAY HOME IF YOU ARE SICK****

- If your test is negative and you still have symptoms? Stay home and stay away from others
- If your test is positive, follow the full isolation recommendations per CDC below:

If you had no symptoms

- **Day 0 is the day you were tested** (not the day you received your positive test result)
- **Day 1 is the first full day** following the day you were tested
- If you develop symptoms within 10 days of when you were tested, the **clock restarts at day 0 on the day of symptom onset**

Call your doctor if you have questions.

If you had symptoms

- **Day 0 of isolation is the day of symptom onset**, regardless of when you tested positive
- **Day 1 is the first full day** after the day your symptoms started

COVID Update per CDC Recommendations

If you test positive COVID-19- stay home for at least 5 days. (You are more likely to be infectious during the first 5 days.)

Ending isolation depends on how serious your symptoms are:

1. No symptoms? End isolation after day 5.
2. Had symptoms? End isolation after day 5 **IF**
 - You are fever free, medication, diarrhea, and vomiting free for 24 hours
 - Your symptoms are improving

Continue to wear a mask through day 10.

****STAY HOME IF YOU ARE SICK****

Call your doctor if you have questions.